

# JOIN THE WALKING MOVEMENT! 1 MILLION STEPS TO BETTER HEALTH



## WALK THIS WAY FAMILY FUN DAY

**Saturday, January 18 | 7-9 am**

**CAGNI PARK**  
13498 NE 8 Avenue  
North Miami, FL 33161

Receive a **FREE** t-shirt, pedometer,  
and guide book for becoming a part of the  
**WALK THIS WAY PROGRAM.**



**MARK YOUR  
CALENDAR EVERY  
3<sup>rd</sup> SATURDAY OF THE MONTH  
FAMILY FUN DAY!**

**Saturday, February 15 | 7 - 9 am | Pepper Park**  
**Saturday, March 15 | 7 - 9 am | NM Athletic Stadium**  
**Saturday, April 19 | 7 - 9 am | Cagni Park**  
**Saturday, May 17 | 7 - 9 am | Pepper Park**

**Face Painting**  
**Fun Zones**  
**Hydration Stations On-Site**  
**Health and**  
**Educational Vendors**  
**During Walks**

**Meet up  
WEEKLY FOR SELF-GUIDED  
walking at 3 rotating locations.**

**\*Mondays, 5 - 8 pm**  
**North Miami Athletic Stadium**  
**2555 NE 151 Street**

**\*Wednesdays, 5 - 8 pm**  
**Cagni Park**  
**13498 NE 8 Avenue**

**\*Fridays, 5 - 8 pm**  
**Pepper Park**  
**1255 NW 135 Street**

**\* Opportunities to log steps with staff members  
to track your progress and reach 1,000,000 steps**

**For more information, contact the Parks and Recreation Office at 305-895-9840.**

The City of North Miami does not discriminate on the basis of disability in the admission or access to,  
or treatment or employment in its programs or activities.